

Patient Name: _____ Date: _____

This questionnaire has been designed to give your therapist information as to how your foot pain has affected your ability to manage in everyday life. Please answer every question. For each of the following questions, we would like you to score each question on a scale from 0 (no pain or difficulty) to 10 (worst pain imaginable or so difficult it required help) that best describes your foot over the past WEEK. Please read each question and place a number from 0-10 in the corresponding box.

No Pain 1 2 3 4 5 6 7 8 9 10 Worst Pain Imaginable

Pain Subscale: How severe is your foot pain:

Foot pain at its worst?	
Foot pain in morning?	
Pain walking barefoot?	
Pain standing barefoot?	
Pain walking with shoes?	

Pain standing with shoes?	
Pain walking with orthotics?	
Pain standing with orthotics?	
Foot pain at end of day?	

Disability Subscale: How much difficulty did you have:

Difficulty walking in house?	
Difficulty walking outside?	
Difficulty walking 4 blocks?	
Difficulty climbing stairs?	
Difficulty descending stairs?	

Difficulty standing tip toe?	
Difficulty getting up from chair?	
Difficulty climbing curbs?	
Difficulty walking fast?	

Activity Limitation Subscale: How much of the time do you:

Stay inside all day because of feet?	
Stay in bed because of feet?	
Limit activities because of feet?	

Use assistive device indoors?	
Use assistive device outdoors?	

Office Use Only: Score: ____/230 points (MDC: 7 points; No Disability "0")			
Number of PT Sessions: ____	Gender: M F	Age: ____	PT Initials: ____
ICD-9 Code: _____			

Foot Function Index

Budiman-Mak E., Conrad, K. J., & Roach, K. E. (1991). The Foot Function Index: a measure of foot pain and disability. *J Clin Epidemiol*, 44(6):561-570.

N = 87, with RA

Test-retest reliability of FFI total and sub-scale scores: 0.87-0.69

Internal consistency: 0.96-0.73

Strong correlation between FFI total and sub-scale scores and clinical measures of foot pathology supported criterion validity of the index.

Minimal Clinically Important Change: ?

Pathology: Immune system diseases, musculoskeletal diseases, skin and connective tissue diseases

Diseases: **Arthritis, Rheumatoid**, Orthopedics [RA (tendonitis, foot and ankle joints, and the surrounding soft tissues)]

Objective: To measure the impact of foot pathology on function in terms of pain, disability, and activity restriction.

Number of Items: 23 (FFI-R long form: 68/ FFI-R short Form: 34).

http://www.proqolid.org/instruments/foot_function_index_ffir retrieved 02/08/2010

Score: ___/230 x 100 = ___% (SEM 5, MDC 7)

High scores indicate greater disability/decreased function